

2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Event 1 Girls 200 Yard Medley Relay South

GAC Record: 1:50.25 ! 2018

FH

N. Nguyen, E. Brabham, M. Nguyen, R. Cathcart

2:18.29 * State Consideration

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Wentzville Timberland	A	1:51.67	1:48.85! *	40
1) Ackley, Izzy 12	2) Wisker, Emma 12	3) Gustafson, Brooke 12	4) Thornburgh, Emma 12	
24.88	54.91 (30.03)	1:21.99 (27.08)	1:48.85 (26.86)	
2 Wentzville Liberty	A	1:59.12	1:57.97 *	34
1) Bartels, Delaney 9	2) Wagner, Jessica 12	3) Green, Leilani 12	4) Nolan, Emma 11	
29.48	1:02.60 (33.12)	1:31.67 (29.07)	1:57.97 (26.30)	
3 Francis Howell	A	2:04.03	2:01.24 *	32
1) Frazier, Emily 12	2) Welek, Rayna 12	3) Faulkner, Katy 10	4) Quick, Allie 10	
31.62	1:05.55 (33.93)	1:34.06 (28.51)	2:01.24 (27.18)	
4 Fort Zumwalt North	A	2:05.82	2:06.28 *	30
1) James, Callie 12	2) Shaw, Hanna 10	3) Ross, Jadyne 11	4) Surber, Cassidy 9	
29.49	1:06.60 (37.11)	1:38.65 (32.05)	2:06.28 (27.63)	
5 Fort Zumwalt West	A	2:19.39	2:17.00 *+	28
1) Altadonna, Lucia 10	2) Bommarito, Emma 9	3) Mohite, Arushi 12	4) Bleich, Jayden 12	
36.00	1:14.65 (38.65)	1:48.64 (33.99)	2:17.00 (28.36)	
6 Francis Howell Central	A	2:27.78	2:25.27	26
1) Krupowicz, Meredyth 10	2) Bower, Ally 12	3) Call Rolon, Kylee 10	4) Hettich, Reese 10	
38.52	1:21.79 (43.27)	1:54.58 (32.79)	2:25.27 (30.69)	
7 Francis Howell North	A	2:48.31	2:46.20	24
1) Lohaus, Alayna 12	2) Cotton, Sydney 9	3) Lee, Teagan 11	4) Maag, Leah 9	
42.78	1:30.94 (48.16)	2:13.66 (42.72)	2:46.20 (32.54)	

Event 2 Girls 200 Yard Medley Relay North Central

GAC Record: 1:50.25 ! 2018

FH

N. Nguyen, E. Brabham, M. Nguyen, R. Cathcart

2:18.29 * State Consideration

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Washington	A	1:57.90	1:57.67 *	40
1) Ziegler, Zoey 12	2) Kauffeld, Ava 12	3) Henderson, Maddy 12	4) Schoonover, Brooke 9	
29.20	1:01.26 (32.06)	1:30.27 (29.01)	1:57.67 (27.40)	
2 Fort Zumwalt South	A	2:08.64	2:05.76 *	34
1) Yazon, Isabel 10	2) Lady, Maddie 11	3) Reardon, Isabelle 11	4) Seelye, Grace 11	
33.79	1:06.32 (32.53)	1:36.55 (30.23)	2:05.76 (29.21)	
3 Wentzville Holt	A	2:17.68	2:12.67 *	32
1) Wilson, Dakota 11	2) Nicotra, Emma 9	3) Flower, Kaleigh 10	4) Kiehl, Natalie 10	
36.22	1:10.85 (34.63)	1:43.50 (32.65)	2:12.67 (29.17)	
4 Fort Zumwalt East	A	2:14.36	2:13.06 *	30
1) West, Maya 10	2) Hanke, Karlie 12	3) Siders, Anna 10	4) Doskal, Danielle 11	
32.58	1:12.44 (39.86)	1:45.98 (33.54)	2:13.06 (27.08)	



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Team	Relay	Prelim Time	Finals Time	Points
5 Wentzville North Point	A	2:16.17	2:14.90 *	28
1) Swafford, Iris 11	2) Holtmeier, Anna 9	3) Herpel, Jayden 9	4) Chamberlain, Eryn 11	
34.25	1:13.21 (38.96)	1:46.98 (33.77)	2:14.90 (27.92)	
6 Saint Charles West	A	2:23.38	2:21.24	26
1) Brasher, Izabela 12	2) Garrison, Stella 11	3) Nichols, Addie 11	4) Grieb, Molly 11	
32.57	1:04.61 (32.04)	1:47.47 (42.86)	2:21.24 (33.77)	
7 Saint Charles	A	2:25.75	2:25.20	24
1) Jackson, Josephine 11	2) Basler, Matalyn 9	3) Burlis, Odessa 12	4) Rosner, Madelyn 12	
37.22	1:17.09 (39.87)	1:50.92 (33.83)	2:25.20 (34.28)	

Event 3 Girls 200 Yard Freestyle South

GAC Record: **1:53.41 ! 2009 Taylor Wohrley**
2:13.99 * State Consideration

TIMB

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 deBerge, Olivia	10	Wentzville Timberland	2:03.70	2:02.45 *	20
28.10	58.92 (30.82)	1:30.94 (32.02)	2:02.45 (31.51)		
2 Jansen, Kate	12	Francis Howell	2:17.49	2:16.48	17
29.90	1:03.65 (33.75)	1:39.76 (36.11)	2:16.48 (36.72)		
3 Schoene, Elizabeth	12	Wentzville Timberland	2:21.62	2:18.58	16
29.96	1:04.33 (34.37)	1:40.98 (36.65)	2:18.58 (37.60)		
4 Tripp, Addie	10	Francis Howell	2:23.08	2:18.66	15
30.80	1:06.22 (35.42)	1:42.70 (36.48)	2:18.66 (35.96)		
5 Sikes, Sophia	10	Wentzville Liberty	2:23.12	2:21.94	14
30.39	1:05.79 (35.40)	1:44.49 (38.70)	2:21.94 (37.45)		
6 Luetke, Audrey	12	Francis Howell	2:25.52	2:22.39	13
30.77	1:06.18 (35.41)	1:43.73 (37.55)	2:22.39 (38.66)		
7 Avila, Regina	11	Francis Howell Central	2:24.33	2:22.73	12
31.65	1:06.70 (35.05)	1:43.62 (36.92)	2:22.73 (39.11)		
8 Surber, Cassidy	9	Fort Zumwalt North	2:26.62	2:26.09	11
33.38	1:10.47 (37.09)	1:49.55 (39.08)	2:26.09 (36.54)		
Consolation Final					
9 Heaney, Andrea	12	Fort Zumwalt West	2:29.33	2:26.07	9
32.97	1:09.78 (36.81)	1:48.04 (38.26)	2:26.07 (38.03)		
10 Warren, Claire	12	Wentzville Timberland	2:31.02	2:30.62	7
33.09	1:10.46 (37.37)	1:50.84 (40.38)	2:30.62 (39.78)		
11 Purcell, Addison	11	Francis Howell	2:42.66	2:37.38	6
35.71	1:15.69 (39.98)	1:56.80 (41.11)	2:37.38 (40.58)		
12 Button, Hannah	12	Francis Howell North	2:40.94	2:37.93	5
35.31	1:15.09 (39.78)	1:58.54 (43.45)	2:37.93 (39.39)		
13 Parrent, Elaina	12	Francis Howell Central	2:40.96	2:40.19	4
35.66	1:15.88 (40.22)	1:58.41 (42.53)	2:40.19 (41.78)		
14 Swisher, Nora	10	Wentzville Timberland	2:38.88	2:40.52	3
34.76	1:14.43 (39.67)	1:57.66 (43.23)	2:40.52 (42.86)		
15 Schriber, Ava	12	Francis Howell Central	2:43.47	2:41.11	2
37.82	1:17.98 (40.16)	1:59.14 (41.16)	2:41.11 (41.97)		



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Name	Yr	School	Prelim Time	Finals Time	Points
16 Dustin, Madeline	11	Francis Howell North	2:40.21	2:42.53	1
			34.77	1:15.20 (40.43)	
				1:59.14 (43.94)	
				2:42.53 (43.39)	

Event 4 Girls 200 Yard Freestyle North CentralGAC Record: **1:53.41 !** 2009 Taylor Wohrley

TIMB

2:13.99 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Reardon, Isabelle	11	Fort Zumwalt South	2:08.98	2:06.62 *	20
			29.23	1:01.13 (31.90)	
				1:34.16 (33.03)	
				2:06.62 (32.46)	
2 West, Maya	10	Fort Zumwalt East	2:13.17	2:07.22 *	17
			29.52	1:01.48 (31.96)	
				1:34.47 (32.99)	
				2:07.22 (32.75)	
3 Griesheimer, Dayton	10	Washington	2:19.19	2:20.64	16
			30.49	1:06.31 (35.82)	
				1:43.73 (37.42)	
				2:20.64 (36.91)	
4 Schneider, Hannah	9	Washington	2:31.36	2:30.46	15
			31.84	1:09.46 (37.62)	
				1:50.95 (41.49)	
				2:30.46 (39.51)	
5 Prichard, Melissa	10	Saint Charles	2:42.40	2:39.14	14
			34.76	1:14.82 (40.06)	
				1:57.51 (42.69)	
				2:39.14 (41.63)	
6 Eckelkamp, Kate	9	Washington	2:44.49	2:41.24	13
			35.01	1:14.85 (39.84)	
				1:58.34 (43.49)	
				2:41.24 (42.90)	
7 Cavendar, Kaitlyn	11	Wentzville Holt	2:43.73	2:48.11	12
			36.30	1:18.59 (42.29)	
				2:02.52 (43.93)	
				2:48.11 (45.59)	
8 Nichols, Addie	11	Saint Charles West	2:52.33	2:56.29	11
			39.09	1:22.16 (43.07)	
				2:08.96 (46.80)	
				2:56.29 (47.33)	
Consolation Final					
9 Herweck, Anna	10	Fort Zumwalt South	2:52.66	2:47.90	9
			37.84	1:19.79 (41.95)	
				2:04.58 (44.79)	
				2:47.90 (43.32)	
10 Lazzarini, Sarah	11	Wentzville North Point	2:55.96	2:51.80	7
			37.53	1:19.11 (41.58)	
				2:05.46 (46.35)	
				2:51.80 (46.34)	
11 Vasquez, Mea	11	Fort Zumwalt East	3:03.29	2:54.82	6
			41.00	1:25.56 (44.56)	
				2:11.47 (45.91)	
				2:54.82 (43.35)	
12 Nemec, Madison	12	Wentzville North Point	2:56.40	2:55.07	5
			39.28	1:24.35 (45.07)	
				2:10.50 (46.15)	
				2:55.07 (44.57)	
13 Kulma, Charlotte	10	Saint Charles	2:57.37	2:56.63	4
			39.07	1:22.98 (43.91)	
				2:11.33 (48.35)	
				2:56.63 (45.30)	
14 Dial, Riley	10	Fort Zumwalt South	3:01.93	2:58.49	3
			41.36	1:26.05 (44.69)	
				2:14.28 (48.23)	
				2:58.49 (44.21)	
15 Reitzner, Kerri	9	Fort Zumwalt South	2:58.93	3:00.46	2
			39.62	1:25.16 (45.54)	
				2:13.76 (48.60)	
				3:00.46 (46.70)	
16 Lierance, Ella	10	Wentzville Holt	3:03.04	3:07.30	1
			40.43	1:28.09 (47.66)	
				2:19.02 (50.93)	
				3:07.30 (48.28)	



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at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Event 5 Girls 200 Yard IM South

GAC Record: **2:03.88 ! 2007** **Haley Spencer** **FZW**

2:30.09 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Gustafson, Brooke	12	Wentzville Timberland	2:21.20	2:18.65 *	20
28.85	1:05.67 (36.82)	1:45.96 (40.29)	2:18.65 (32.69)		
2 Thornburgh, Emma	12	Wentzville Timberland	2:27.90	2:22.40 *	17
30.10	1:05.73 (35.63)	1:48.16 (42.43)	2:22.40 (34.24)		
3 Hildenbrand, Emma	10	Wentzville Timberland	2:27.41	2:25.69 *	16
29.26	1:06.36 (37.10)	1:51.21 (44.85)	2:25.69 (34.48)		
4 Denny, Jenna	10	Wentzville Timberland	2:31.28	2:30.36	15
31.14	1:07.62 (36.48)	1:55.48 (47.86)	2:30.36 (34.88)		
5 Frazier, Emily	12	Francis Howell	2:29.00	2:30.37	14
31.64	1:08.73 (37.09)	1:53.30 (44.57)	2:30.37 (37.07)		
6 Daniels, Jaina	9	Wentzville Liberty	2:41.61	2:39.98	13
34.02	1:13.38 (39.36)	2:02.82 (49.44)	2:39.98 (37.16)		
7 Call Rolon, Kylee	10	Francis Howell Central	2:47.98	2:46.45	12
36.46	1:16.70 (40.24)	2:07.63 (50.93)	2:46.45 (38.82)		
8 Bertrand, Leila	9	Francis Howell	2:52.95	2:52.88	11
40.65	1:24.58 (43.93)	2:11.90 (47.32)	2:52.88 (40.98)		
Consolation Final					
9 Grau, Violet	10	Wentzville Liberty	2:54.29	2:50.14	9
35.07	1:19.58 (44.51)	2:12.05 (52.47)	2:50.14 (38.09)		
10 Dustin, Moira	9	Francis Howell North	2:56.29	2:53.75	7
37.13	1:23.52 (46.39)	2:15.34 (51.82)	2:53.75 (38.41)		
11 Moody, Jasmyne	10	Francis Howell North	2:55.10	2:56.69	6
37.20	1:19.25 (42.05)	2:12.94 (53.69)	2:56.69 (43.75)		
12 Smith, Kara	10	Francis Howell	3:01.12	2:59.85	5
39.88	1:25.86 (45.98)	2:20.35 (54.49)	2:59.85 (39.50)		
13 Palmiero, Melania	12	Wentzville Liberty	2:59.87	3:00.57	4
36.60	1:20.52 (43.92)	2:16.90 (56.38)	3:00.57 (43.67)		
14 Mohite, Arushi	12	Fort Zumwalt West	3:04.39	3:00.77	3
37.23	1:23.91 (46.68)	2:19.89 (55.98)	3:00.77 (40.88)		
15 Herndon, Audrey	11	Francis Howell	3:08.91	3:07.31	2
33.99	1:26.13 (52.14)	2:26.68 (1:00.55)	3:07.31 (40.63)		

Event 6 Girls 200 Yard IM North Central

GAC Record: **2:03.88 ! 2007** **Haley Spencer** **FZW**

2:30.09 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Garrison, Stella	11	Saint Charles West	2:22.34	2:16.08 *	20
29.52	1:04.49 (34.97)	1:43.45 (38.96)	2:16.08 (32.63)		
2 Kauffeld, Ava	12	Washington	2:18.04	2:18.42 *	17
29.90	1:05.36 (35.46)	1:45.44 (40.08)	2:18.42 (32.98)		



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Name	Yr	School	Prelim Time	Finals Time	Points
3 Mahon, Mia	12	Washington	2:35.63	2:34.35	16
33.42	1:11.73 (38.31)	1:57.85 (46.12)	2:34.35 (36.50)		
4 Yazon, Isabel	10	Fort Zumwalt South	2:37.45	2:38.84	15
33.39	1:11.85 (38.46)	2:02.54 (50.69)	2:38.84 (36.30)		
5 Seelye, Grace	11	Fort Zumwalt South	2:49.80	2:45.15	14
1:16.34		2:06.06 ()	2:45.15 (39.09)		
6 Walker, Olivia	10	Fort Zumwalt East	2:49.32	2:49.39	13
35.38	1:17.92 (42.54)	2:09.43 (51.51)	2:49.39 (39.96)		
7 Jackson, Josephine	11	Saint Charles	2:57.27	2:55.91	12
35.96	1:18.69 (42.73)	2:14.73 (56.04)	2:55.91 (41.18)		
8 Swafford, Iris	11	Wentzville North Point	2:51.65	2:57.95	11
34.77	1:19.22 (44.45)	2:15.92 (56.70)	2:57.95 (42.03)		

Consolation Final

9 Wilson, Dakota	11	Wentzville Holt	3:00.18	2:59.37	9
37.38	1:20.26 (42.88)	2:19.17 (58.91)	2:59.37 (40.20)		
10 Hanke, Karlie	12	Fort Zumwalt East	3:09.45	3:02.44	7
39.67	1:25.01 (45.34)	2:19.86 (54.85)	3:02.44 (42.58)		
11 Basler, Matalyn	9	Saint Charles	3:06.35	3:03.36	6
39.11	1:28.00 (48.89)	2:21.67 (53.67)	3:03.36 (41.69)		
12 Castro, Jimena	12	Wentzville Holt	3:11.01	3:04.86	5
35.72	1:19.76 (44.04)	2:21.68 (1:01.92)	3:04.86 (43.18)		
13 Diaz, Adriana	10	Wentzville Holt	3:13.53	3:14.92	4
41.25	1:28.42 (47.17)	2:29.10 (1:00.68)	3:14.92 (45.82)		
14 Bliggenstorfer, Kayla	11	Fort Zumwalt South	3:26.25	3:23.80	3
41.60	1:32.39 (50.79)	2:37.26 (1:04.87)	3:23.80 (46.54)		
--- Pratte, Sophia	12	Fort Zumwalt East	3:19.25	DQ	
42.32	1:33.55 (51.23)	2:29.58 (56.03)	DQ (48.03)		
--- Turley, Lydia	10	Wentzville Holt	3:19.52	DQ	
40.90	1:28.82 (47.92)	2:32.47 (1:03.65)	DQ (45.99)		

Event 7 Girls 50 Yard Freestyle South

GAC Record: **23.71 ! 2019 Courtney Harris FZW**
27.29 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Wardrop, Molly	10	Fort Zumwalt West	25.15	24.55 *	20
2 Jensen, Riley	10	Francis Howell North	25.98	25.72 *	17
3 Faulkner, Katy	10	Francis Howell	27.01	26.13 *	16
4 Wagner, Audrey	11	Fort Zumwalt West	26.57	26.15 *	15
5 James, Callie	12	Fort Zumwalt North	25.80	26.16 *	14
6 Wagner, Jessica	12	Wentzville Liberty	26.47	26.32 *	13
7 Nolan, Emma	11	Wentzville Liberty	26.63	26.53 *	12
8 Schoene, Elizabeth	12	Wentzville Timberland	27.14	26.64 *	11
Consolation Final					
9 Wuertz, Katie	9	Francis Howell Central	28.30	27.79	9
10 Quick, Allie	10	Francis Howell	28.10	27.88	7



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Name	Yr	School	Prelim Time	Finals Time	Points
11 Thornburgh, Emma	12	Wentzville Timberland	28.31	27.89	6
12 Dickens, Sophia	10	Fort Zumwalt West	28.00	27.98	5
13 Chung, Sophie	11	Wentzville Timberland	28.97	28.11	4
14 McDaniel, Karsyn	11	Fort Zumwalt West	27.42	28.18	3
15 Fleming, Mary Jane	10	Wentzville Liberty	30.17	29.69	2
16 Gittemeier, Isabella	11	Fort Zumwalt North	31.51	32.18	1

Event 8 Girls 50 Yard Freestyle North Central

GAC Record: 23.71 ! 2019 Courtney Harris FZW
27.29 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Lady, Maddie	11	Fort Zumwalt South	26.15	25.45 *	20
2 Chamberlain, Eryn	11	Wentzville North Point	28.43	27.81	17
*3 Swafford, Iris	11	Wentzville North Point	30.69	27.89	15.50
*3 Brasher, Izabela	12	Saint Charles West	28.44	27.89	15.50
5 Doskal, Danielle	11	Fort Zumwalt East	28.60	28.12	14
6 Flower, Kaleigh	10	Wentzville Holt	30.03	29.06	13
7 Kiehl, Natalie	10	Wentzville Holt	29.71	29.49	12
8 Gilbert, Brielle	9	Fort Zumwalt South	30.13	30.12	11

Consolation Final

9 Jackson, Veronica	11	Saint Charles	30.79	30.48	9
10 Herpel, Jayden	9	Wentzville North Point	30.89	30.66	7
11 Stone, Ava	10	Washington	32.37	31.53	6
12 Lazzarini, Sarah	11	Wentzville North Point	34.35	34.05	5
13 Reubell, Tatum	9	Washington	34.39	34.08	4
14 McCorkle, Madeline	10	Wentzville Holt	34.45	34.21	3
15 Steinmetz, Lily	10	Fort Zumwalt East	34.65	34.59	2
16 Grieb, Molly	11	Saint Charles West	34.53	35.47	1

Event 9 Girls 1 mtr Diving South

GAC Record: 539.20 ! 2014 Marissa Green FZW

Name	Yr	School	Finals Score	Points
1 Garbarini, Larissa	12	Francis Howell	NP	20
2 Maier, Jana	11	Wentzville Timberland	NP	17
3 Allen, Marysa	11	Fort Zumwalt North	NP	16
4 Hogan, Abigail	9	Fort Zumwalt North	NP	15
5 Maier, Savannah	12	Fort Zumwalt North	NP	14
6 Bleich, Jayden	12	Fort Zumwalt West	NP	13
7 Arnold, Sophie	11	Francis Howell North	NP	12
8 Cauley, Alice	12	Fort Zumwalt West	NP	11
9 Bannon, Grace	12	Francis Howell Central	NP	9
10 Singh, Ritu	12	Francis Howell North	NP	7
11 Fox, Campbell	12	Francis Howell	NP	6
12 McCann, Audrey	9	Francis Howell Central	NP	5



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024**Girls GAC Swimming & Diving Championships 2024****at the St. Peters Rec-Plex Natatorium****Results - Girls GAC Finals****(Event 9 Girls 1 mtr Diving South)**

Name	Yr	School		Finals Score	Points
13 Lobato, Zoe	9	Francis Howell North	NP	267.80	4
14 Bowen, Elizabeth	10	Wentzville Liberty	NP	248.05	3

Event 10 Girls 1 mtr Diving North Central

GAC Record: 539.20 ! 2014

Marissa Green

FZW

Name	Yr	School		Finals Score	Points
1 Hirsch, Abby	11	Fort Zumwalt South	NP	383.30	20
2 Hoagland, Shelby	11	Fort Zumwalt South	NP	331.20	17
3 Drummond, Ava	11	Fort Zumwalt East	NP	322.55	16
4 Sizemore, Molly	12	Wentzville Holt	NP	276.15	15
--- Becker, Janie	10	Wentzville North Point	NP	DQ	

Event 11 Girls 100 Yard Butterfly South

GAC Record: 55.08 ! 2018

Autumn Looney

SC

1:08.09 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Ackley, Izzy	12	Wentzville Timberland	57.78	56.87 *	20
				25.93 56.87 (30.94)	
2 Gustafson, Brooke	12	Wentzville Timberland	1:02.74	1:02.23 *	17
				28.88 1:02.23 (33.35)	
3 Hildenbrand, Emma	10	Wentzville Timberland	1:04.04	1:02.33 *	16
				29.07 1:02.33 (33.26)	
4 Bartels, Delaney	9	Wentzville Liberty	1:05.73	1:04.72 *	15
				30.23 1:04.72 (34.49)	
5 Shaw, Hanna	10	Fort Zumwalt North	1:06.31	1:05.54 *	14
				30.55 1:05.54 (34.99)	
6 Green, Leilani	12	Wentzville Liberty	1:06.12	1:06.63 *	13
				29.87 1:06.63 (36.76)	
7 Sikes, Sophia	10	Wentzville Liberty	1:13.30	1:13.41	12
				32.50 1:13.41 (40.91)	
Consolation Final					
9 Call Rolon, Kylee	10	Francis Howell Central	1:22.29	1:15.08	9
				34.85 1:15.08 (40.23)	
10 Herndon, Audrey	11	Francis Howell	1:20.63	1:16.43	7
				34.28 1:16.43 (42.15)	
11 Byerly, Wendy	9	Fort Zumwalt North	1:30.30	1:21.74	6
				37.41 1:21.74 (44.33)	
12 Mohite, Arushi	12	Fort Zumwalt West	1:24.26	1:22.78	5
				37.86 1:22.78 (44.92)	
13 Tripp, Gracie	9	Francis Howell	1:25.93	1:24.02	4
				39.36 1:24.02 (44.66)	
14 Parrent, Elaina	12	Francis Howell Central	1:27.48	1:24.44	3
				37.94 1:24.44 (46.50)	
15 Button, Hannah	12	Francis Howell North	1:26.07	1:26.76	2
				38.16 1:26.76 (48.60)	



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Consolation Final ... (Event 11 Girls 100 Yard Butterfly South)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Smith, Kara	10	Francis Howell	1:28.56	1:27.19	1
	40.71	1:27.19 (46.48)			

Event 12 Girls 100 Yard Butterfly North Central

GAC Record: **55.08 !** 2018 Autumn Looney SC

1:08.09 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Henderson, Maddy	12	Washington	1:09.65	1:06.56 *	20
	30.31	1:06.56 (36.25)			
2 Nicotra, Emma	9	Wentzville Holt	1:15.06	1:09.79	17
	31.56	1:09.79 (38.23)			
3 Mahon, Mia	12	Washington	1:12.65	1:12.74	16
	34.46	1:12.74 (38.28)			
4 Seelye, Grace	11	Fort Zumwalt South	1:18.02	1:14.75	15
	34.36	1:14.75 (40.39)			
5 Mahon, Olivia	9	Washington	1:14.90	1:15.33	14
	35.32	1:15.33 (40.01)			
6 Siders, Anna	10	Fort Zumwalt East	1:22.57	1:19.56	13
	34.23	1:19.56 (45.33)			
7 Burlis, Odessa	12	Saint Charles	1:18.61	1:20.79	12
	35.50	1:20.79 (45.29)			
8 Walker, Olivia	10	Fort Zumwalt East	1:26.13	1:25.15	11
	38.23	1:25.15 (46.92)			

Consolation Final

9 O'Keefe, Rileigh	9	Saint Charles	1:32.59	1:27.02	9
	39.67	1:27.02 (47.35)			
10 Nessler, Sadie	11	Wentzville Holt	1:29.77	1:29.74	7
	40.43	1:29.74 (49.31)			
11 Akers, Violet	11	Wentzville Holt	1:39.80	1:39.41	6
	44.49	1:39.41 (54.92)			
12 Dial, Riley	10	Fort Zumwalt South	1:44.21	1:41.08	5
	47.44	1:41.08 (53.64)			
13 Tiedt, Lauren	12	Saint Charles	2:10.86	2:03.01	4
	51.63	2:03.01 (1:11.38)			
--- Duffy, Emma	11	Saint Charles	2:00.41	DQ	
	47.97	DQ (1:14.03)			

Event 13 Girls 100 Yard Freestyle South

GAC Record: **51.56 !** 2018 Autumn Looney SC

1:00.49 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Wisker, Emma	12	Wentzville Timberland	53.66	53.27 *	20
	25.63	53.27 (27.64)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024**Girls GAC Swimming & Diving Championships 2024****at the St. Peters Rec-Plex Natatorium****Results - Girls GAC Finals****Championship Final ... (Event 13 Girls 100 Yard Freestyle South)**

Name	Yr	School	Prelim Time	Finals Time	Points
2 Wardrop, Molly 25.73	10	Fort Zumwalt West	54.70	54.19 *	17
3 deBerge, Olivia 27.43	10	Wentzville Timberland	57.23	56.82 *	16
4 James, Callie 26.95	12	Fort Zumwalt North	56.53	56.87 *	15
5 Faulkner, Katy 28.01	10	Francis Howell	1:00.07	57.61 *+	14
6 Jensen, Riley 27.92	10	Francis Howell North	57.46	58.03 *	13
7 Nolan, Emma 28.52	11	Wentzville Liberty	58.98	58.74 *	12
8 Jansen, Kate 29.10	12	Francis Howell	1:01.62	1:01.72	11

Consolation Final

9 McDaniel, Karsyn 30.09	11	Fort Zumwalt West	1:01.93	1:02.02	9
10 Quick, Allie 29.94	10	Francis Howell	1:04.61	1:02.28	7
11 Maier, Jana 30.72	11	Wentzville Timberland	1:08.65	1:07.10	6
12 Grau, Violet 32.11	10	Wentzville Liberty	1:08.27	1:07.19	5
13 Hettich, Reese 32.36	10	Francis Howell Central	1:09.96	1:09.58	4
14 Palmiero, Melania 33.27	12	Wentzville Liberty	1:09.38	1:09.66	3
15 Brunner, Finley 33.36	12	Francis Howell Central	1:11.51	1:09.79	2
16 Rasmussen, Talynn 33.56	12	Fort Zumwalt West	1:10.72	1:12.03	1

Event 14 Girls 100 Yard Freestyle North Central

GAC Record: 51.56 ! 2018 Autumn Looney SC
1:00.49 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
1 Lady, Maddie 26.29	11	Fort Zumwalt South	57.70	55.39 *	20
2 Ziegler, Zoey 26.54	12	Washington	55.04	55.44 *	17
3 Chamberlain, Eryn 29.22	11	Wentzville North Point	1:04.49	1:01.81	16
4 Schoonover, Brooke 29.26	9	Washington	1:02.67	1:01.91	15



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Championship Final ... (Event 14 Girls 100 Yard Freestyle North Central)

Name	Yr	School	Prelim Time	Finals Time	Points
5 Doskal, Danielle	11	Fort Zumwalt East	1:04.16	1:02.84	14
29.74		1:02.84 (33.10)			
6 Kiehl, Natalie	10	Wentzville Holt	1:08.78	1:08.45	13
32.49		1:08.45 (35.96)			
7 Gilbert, Brielle	9	Fort Zumwalt South	1:09.36	1:11.42	12
33.05		1:11.42 (38.37)			
8 Eckelkamp, Kate	9	Washington	1:12.18	1:11.93	11
34.24		1:11.93 (37.69)			

Consolation Final

9 Boock, Waverly	12	Saint Charles	1:15.14	1:15.25	9
35.02		1:15.25 (40.23)			
10 Navarrette, Martha	10	Wentzville Holt	1:17.54	1:15.73	7
35.34		1:15.73 (40.39)			
11 Reubell, Tatum	9	Washington	1:20.08	1:16.70	6
36.09		1:16.70 (40.61)			
12 Uptain, Marissa	10	Fort Zumwalt East	1:21.91	1:18.37	5
36.58		1:18.37 (41.79)			
13 Nemec, Madison	12	Wentzville North Point	1:19.38	1:19.22	4
37.83		1:19.22 (41.39)			
14 Wulff, Lena	9	Saint Charles	1:22.45	1:21.60	3
39.03		1:21.60 (42.57)			
15 Holtmeier, Anna	9	Wentzville North Point	1:21.71	1:21.86	2
39.32		1:21.86 (42.54)			
16 Hieke, Emma	11	Wentzville Holt	1:23.42	1:26.09	1
39.13		1:26.09 (46.96)			

Event 15 Girls 500 Yard Freestyle South

GAC Record: 5:05.72 ! 2020 Joanna Dohrman FHN
6:00.39 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
1 Renaud, Macie	9	Wentzville Timberland	5:50.66	5:44.89 *	20
29.11		1:01.28 (32.17) 1:35.27 (33.99)	2:10.51 (35.24)		
2:46.02 (35.51)		3:21.91 (35.89) 3:58.17 (36.26)	4:34.64 (36.47)		
5:10.45 (35.81)		5:44.89 (34.44)			
2 Shaw, Hanna	10	Fort Zumwalt North	5:53.66	5:45.64 *	17
30.43		1:03.30 (32.87) 1:37.87 (34.57)	2:13.21 (35.34)		
2:48.77 (35.56)		3:24.50 (35.73) 4:00.25 (35.75)	4:36.31 (36.06)		
5:11.93 (35.62)		5:45.64 (33.71)			
3 Anderson, Vika	9	Francis Howell Central	6:11.74	6:04.18	16
31.09		1:05.53 (34.44) 1:40.99 (35.46)	2:17.19 (36.20)		
2:54.39 (37.20)		3:32.04 (37.65) 4:10.84 (38.80)	4:49.40 (38.56)		
5:27.67 (38.27)		6:04.18 (36.51)			
4 Dickens, Sophia	10	Fort Zumwalt West	6:17.81	6:06.72	15
31.11		1:06.93 (35.82) 1:44.42 (37.49)	2:21.77 (37.35)		
2:59.26 (37.49)		3:37.23 (37.97) 4:15.74 (38.51)	4:53.98 (38.24)		
5:31.55 (37.57)		6:06.72 (35.17)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Championship Final ... (Event 15 Girls 500 Yard Freestyle South)

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Daniels, Jaina	9	Wentzville Liberty	6:09.47	6:07.31	14
	31.46		1:06.87 (35.41)	1:43.21 (36.34)	2:20.68 (37.47)	
	2:58.90 (38.22)		3:37.12 (38.22)	4:15.52 (38.40)	4:53.64 (38.12)	
	5:31.41 (37.77)		6:07.31 (35.90)			
6	Jacobson, Rachel	11	Wentzville Timberland	6:24.85	6:29.63	13
	31.52		1:08.28 (36.76)	1:48.17 (39.89)	2:27.94 (39.77)	
	3:08.01 (40.07)		3:48.68 (40.67)	4:29.21 (40.53)	5:09.92 (40.71)	
	5:50.32 (40.40)		6:29.63 (39.31)			
7	Luetke, Audrey	12	Francis Howell	6:33.65	6:31.94	12
	31.63		1:07.90 (36.27)	1:46.52 (38.62)	2:27.07 (40.55)	
	3:07.86 (40.79)		3:48.90 (41.04)	4:30.36 (41.46)	5:11.84 (41.48)	
	5:52.48 (40.64)		6:31.94 (39.46)			
8	Tripp, Addie	10	Francis Howell	6:40.44	6:45.09	11
	32.99		1:11.45 (38.46)	1:52.19 (40.74)	2:33.15 (40.96)	
	3:14.78 (41.63)		3:57.29 (42.51)	4:39.24 (41.95)	5:22.01 (42.77)	
	6:04.22 (42.21)		6:45.09 (40.87)			
Consolation Final						
9	Fleming, Mary Jane	10	Wentzville Liberty	6:45.55	6:30.86	9
	32.73		1:09.92 (37.19)	1:49.06 (39.14)	2:29.41 (40.35)	
	3:09.75 (40.34)		3:50.16 (40.41)	4:31.08 (40.92)	5:12.06 (40.98)	
	5:52.90 (40.84)		6:30.86 (37.96)			
10	Kaler, Leah	12	Wentzville Liberty	6:40.47	6:39.48	7
	33.18		1:10.85 (37.67)	1:50.86 (40.01)	2:31.73 (40.87)	
	3:13.33 (41.60)		3:54.77 (41.44)	4:36.59 (41.82)	5:18.70 (42.11)	
	5:59.92 (41.22)		6:39.48 (39.56)			
11	Heaney, Andrea	12	Fort Zumwalt West	6:45.17	6:42.48	6
	34.48		1:12.37 (37.89)	1:51.78 (39.41)	2:32.04 (40.26)	
	3:13.04 (41.00)		3:55.07 (42.03)	4:37.32 (42.25)	5:19.38 (42.06)	
	6:01.74 (42.36)		6:42.48 (40.74)			
12	Warren, Claire	12	Wentzville Timberland	7:06.35	6:56.49	5
	35.34		1:15.61 (40.27)	1:57.92 (42.31)	2:41.21 (43.29)	
	3:24.76 (43.55)		4:07.90 (43.14)	4:50.64 (42.74)	5:33.32 (42.68)	
	6:16.11 (42.79)		6:56.49 (40.38)			
13	Harrison, Allyssa	10	Francis Howell Central	7:06.62	7:04.43	4
	35.00		1:14.76 (39.76)	1:55.95 (41.19)	2:39.11 (43.16)	
	3:22.90 (43.79)		4:07.57 (44.67)	4:52.34 (44.77)	5:37.67 (45.33)	
	6:22.87 (45.20)		7:04.43 (41.56)			
14	Purcell, Clara	9	Francis Howell	7:22.41	7:12.21	3
	38.60		1:22.13 (43.53)	2:05.54 (43.41)	2:50.90 (45.36)	
	3:35.44 (44.54)		4:19.91 (44.47)	5:04.32 (44.41)	5:48.81 (44.49)	
	6:32.52 (43.71)		7:12.21 (39.69)			
15	Schriber, Ava	12	Francis Howell Central	7:27.93	7:21.97	2
	39.57		1:22.56 (42.99)	2:06.58 (44.02)	2:51.84 (45.26)	
	3:37.51 (45.67)		4:22.78 (45.27)	5:07.94 (45.16)	5:53.73 (45.79)	
	6:39.56 (45.83)		7:21.97 (42.41)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Consolation Final ... (Event 15 Girls 500 Yard Freestyle South)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Terry, Ava	10	Francis Howell Central	7:23.65	7:25.57	1
	37.33	1:19.84 (42.51)	2:04.14 (44.30)	2:49.21 (45.07)	
	3:35.88 (46.67)	4:22.08 (46.20)	5:08.85 (46.77)	5:55.63 (46.78)	
	6:42.15 (46.52)	7:25.57 (43.42)			

Event 16 Girls 500 Yard Freestyle North Central

GAC Record: 5:05.72 ! 2020 Joanna Dohrman FHN
6:00.39 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
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Championship Final

1 Reardon, Isabelle	11	Fort Zumwalt South	5:50.89	5:45.72 *	20
	29.52	1:02.92 (33.40)	1:37.66 (34.74)	2:12.75 (35.09)	
	2:47.94 (35.19)	3:23.31 (35.37)	3:58.81 (35.50)	4:34.08 (35.27)	
	5:10.34 (36.26)	5:45.72 (35.38)			
2 West, Maya	10	Fort Zumwalt East	5:56.29	5:54.14 *+	17
	30.13	1:03.33 (33.20)	1:37.82 (34.49)	2:12.87 (35.05)	
	2:48.56 (35.69)	3:24.42 (35.86)	4:01.35 (36.93)	4:39.17 (37.82)	
	5:17.26 (38.09)	5:54.14 (36.88)			
3 Griesheimer, Dayton	10	Washington	6:11.37	6:15.81	16
	31.68	1:08.13 (36.45)	1:45.85 (37.72)	2:23.63 (37.78)	
	3:02.25 (38.62)	3:41.24 (38.99)	4:20.07 (38.83)	4:58.95 (38.88)	
	5:38.80 (39.85)	6:15.81 (37.01)			
4 Schneider, Hannah	9	Washington	7:02.33	6:52.97	15
	32.51	1:11.45 (38.94)	1:53.84 (42.39)	2:36.79 (42.95)	
	3:19.45 (42.66)	4:03.32 (43.87)	4:45.60 (42.28)	5:30.15 (44.55)	
	6:14.62 (44.47)	6:52.97 (38.35)			
5 Jarrett, Jennifer	11	Wentzville Holt	7:16.31	7:13.72	14
	35.11	1:15.91 (40.80)	2:00.25 (44.34)	2:44.27 (44.02)	
	3:30.01 (45.74)	4:15.37 (45.36)	5:00.49 (45.12)	5:45.84 (45.35)	
	6:31.53 (45.69)	7:13.72 (42.19)			
6 Cavendar, Kaitlyn	11	Wentzville Holt	7:31.47	7:33.19	13
	38.83	1:23.33 (44.50)	2:09.60 (46.27)	2:56.51 (46.91)	
	3:43.50 (46.99)	4:30.71 (47.21)	5:18.41 (47.70)	6:05.44 (47.03)	
	6:52.52 (47.08)	7:33.19 (40.67)			
7 Rosner, Madelyn	12	Saint Charles	7:29.66	7:35.99	12
	35.24	1:18.83 (43.59)	2:06.00 (47.17)	2:53.24 (47.24)	
	3:40.80 (47.56)	4:28.90 (48.10)	5:16.78 (47.88)	6:04.26 (47.48)	
	6:51.96 (47.70)	7:35.99 (44.03)			
8 McCorkle, Madeline	10	Wentzville Holt	7:37.66	7:40.51	11
	38.62	1:21.82 (43.20)	2:07.16 (45.34)	2:54.73 (47.57)	
	3:43.04 (48.31)	4:31.40 (48.36)	5:19.11 (47.71)	6:08.15 (49.04)	
	6:56.53 (48.38)	7:40.51 (43.98)			

Consolation Final

9 Scheckel, Nora	9	Fort Zumwalt East	7:43.75	7:15.96	9
	36.25	1:17.10 (40.85)	2:00.13 (43.03)	2:44.93 (44.80)	
	3:29.71 (44.78)	4:15.48 (45.77)	5:01.36 (45.88)	5:48.03 (46.67)	
	6:33.89 (45.86)	7:15.96 (42.07)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Consolation Final ... (Event 16 Girls 500 Yard Freestyle North Central)

Name	Yr	School	Prelim Time	Finals Time	Points
10 Martin, Margie	11	Fort Zumwalt South	7:54.55	7:43.99	7
37.18	1:19.71 (42.53)	2:04.87 (45.16)	2:52.01 (47.14)		
3:39.51 (47.50)	4:28.16 (48.65)	5:17.34 (49.18)	6:06.70 (49.36)		
6:56.64 (49.94)	7:43.99 (47.35)				
11 Crigger, Samantha	10	Wentzville Holt	7:42.77	7:45.10	6
37.55	1:21.67 (44.12)	2:08.87 (47.20)	2:56.83 (47.96)		
3:45.47 (48.64)	4:34.14 (48.67)	5:23.34 (49.20)	6:11.91 (48.57)		
7:00.29 (48.38)	7:45.10 (44.81)				
12 Vasquez, Mea	11	Fort Zumwalt East	8:24.10	8:08.35	5
42.28	1:28.22 (45.94)	2:17.23 (49.01)	3:06.33 (49.10)		
3:56.51 (50.18)	4:47.88 (51.37)	5:39.95 (52.07)	6:31.24 (51.29)		
7:22.80 (51.56)	8:08.35 (45.55)				
13 Bunch, Madalynne	12	Saint Charles	8:34.16	8:15.58	4
40.69	1:28.89 (48.20)	2:17.23 (48.34)	3:08.19 (50.96)		
4:02.09 (53.90)	4:54.27 (52.18)	5:46.71 (52.44)	6:39.83 (53.12)		
7:30.96 (51.13)	8:15.58 (44.62)				
14 Spies, Gabrielle	11	Fort Zumwalt East	8:52.07	8:49.97	3
42.10	1:31.73 (49.63)	2:25.35 (53.62)	3:21.71 (56.36)		
4:18.11 (56.40)	5:14.29 (56.18)	6:11.81 (57.52)	7:08.56 (56.75)		
8:00.66 (52.10)	8:49.97 (49.31)				
--- Nichols, Addie	11	Saint Charles West	7:56.42	DQ	
41.34	1:27.96 (46.62)	2:16.06 (48.10)	3:04.30 (48.24)		
3:29.51 (25.21)	DQ (3:08.42)				

Event 17 Girls 200 Yard Freestyle Relay South

GAC Record: 1:39.80 ! 2021

TIMB

I. Ackley, E. Wisker, A. Schoene, C. Ledbetter

2:05.99 * State Consideration

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Wentzville Timberland	A	1:49.22	1:45.65 *	40
1) Hildenbrand, Emma 10	2) Gustafson, Brooke 12	3) deBerge, Olivia 10	4) Thornburgh, Emma 12	
26.48	52.34 (25.86)	1:18.74 (26.40)	1:45.65 (26.91)	
2 Wentzville Liberty	A	1:47.25	1:45.78 *	34
1) Wagner, Jessica 12	2) Nolan, Emma 11	3) Green, Leilani 12	4) Bartels, Delaney 9	
26.37	52.50 (26.13)	1:18.67 (26.17)	1:45.78 (27.11)	
3 Fort Zumwalt West	A	1:48.28	1:46.28 *	32
1) Wardrop, Molly 10	2) Dickens, Sophia 10	3) McDaniel, Karsyn 11	4) Wagner, Audrey 11	
24.88	53.00 (28.12)	1:20.39 (27.39)	1:46.28 (25.89)	
4 Francis Howell	A	1:51.17	1:50.22 *	30
1) Faulkner, Katy 10	2) Frazier, Emily 12	3) Jansen, Kate 12	4) Welek, Rayna 12	
26.97	55.39 (28.42)	1:23.23 (27.84)	1:50.22 (26.99)	
5 Fort Zumwalt North	A	1:54.16	1:52.31 *	28
1) James, Callie 12	2) Selvy, Lily 10	3) Surber, Cassidy 9	4) Shaw, Hanna 10	
26.03	57.45 (31.42)	1:24.87 (27.42)	1:52.31 (27.44)	



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024**Girls GAC Swimming & Diving Championships 2024****at the St. Peters Rec-Plex Natatorium****Results - Girls GAC Finals****Championship Final ... (Event 17 Girls 200 Yard Freestyle Relay South)**

Team	Relay	Prelim Time	Finals Time	Points
6 Francis Howell North	A	1:58.68	1:55.06 *	26
1) Jensen, Riley 10	2) Button, Hannah 12	3) Dustin, Moira 9	4) Moody, Jasmyne 10	
26.35	56.61 (30.26)	1:26.20 (29.59)	1:55.06 (28.86)	
7 Francis Howell Central	A	1:59.64	1:58.78 *	24
1) Wuertz, Katie 9	2) Avila, Regina 11	3) Hettich, Reese 10	4) Anderson, Vika 9	
28.53	59.63 (31.10)	1:58.78 (59.15)		

Event 18 Girls 200 Yard Freestyle Relay North Central

GAC Record: 1:39.80 ! 2021

TIMB

I. Ackley, E. Wisker, A. Schoene, C. Ledbetter

2:05.99 * State Consideration

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Washington	A	1:49.43	1:48.16 *	40
1) Ziegler, Zoey 12	2) Henderson, Maddy 12	3) Schoonover, Brooke 9	4) Kauffeld, Ava 12	
26.10	53.86 (27.76)	1:22.09 (28.23)	1:48.16 (26.07)	
2 Fort Zumwalt East	A	1:57.18	1:55.28 *	34
1) West, Maya 10	2) Hanke, Karlie 12	3) Siders, Anna 10	4) Doskal, Danielle 11	
27.55	57.48 (29.93)	1:27.32 (29.84)	1:55.28 (27.96)	
3 Wentzville Holt	A	2:01.82	1:56.19 *	32
1) Kiehl, Natalie 10	2) Flower, Kaleigh 10	3) Wilson, Dakota 11	4) Nicotra, Emma 9	
29.94	59.42 (29.48)	1:29.32 (29.90)	1:56.19 (26.87)	
4 Wentzville North Point	A	1:58.58	1:57.07 *	30
1) Swafford, Iris 11	2) Herpel, Jayden 9	3) Tillman, AJ 10	4) Chamberlain, Eryn 11	
28.10	58.64 (30.54)	1:29.35 (30.71)	1:57.07 (27.72)	
5 Saint Charles	A	2:14.50	2:11.06	28
1) Prichard, Melissa 10	2) Boock, Waverly 12	3) Kulma, Charlotte 10	4) Jackson, Veronica 11	
32.87	1:06.38 (33.51)	1:39.48 (33.10)	2:11.06 (31.58)	
6 Saint Charles West	A	2:36.41	2:27.40	26
1) Dunning, Ashley 10	2) Saffa, Charlotte 9	3) Gosa, Kenzie 10	4) Grieb, Molly 11	
	1:16.11 ()	1:54.15 (38.04)	2:27.40 (33.25)	

Event 19 Girls 100 Yard Backstroke South

GAC Record: 55.04 ! 2023

Izzy Ackley

TIMB

1:08.29 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Ackley, Izzy	12	Wentzville Timberland	55.58	53.45! *	20
25.59			53.45 (27.86)		
2 Bartels, Delaney	9	Wentzville Liberty	1:04.27	1:03.04 *+	17
30.71			1:03.04 (32.33)		
3 Wagner, Audrey	11	Fort Zumwalt West	1:04.84	1:03.10 *	16
30.92			1:03.10 (32.18)		
4 Renaud, Macie	9	Wentzville Timberland	1:05.49	1:06.04 *	15
32.06			1:06.04 (33.98)		
5 Denny, Jenna	10	Wentzville Timberland	1:05.39	1:06.97 *	14
32.36			1:06.97 (34.61)		



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Championship Final ... (Event 19 Girls 100 Yard Backstroke South)

Name	Yr	School	Prelim Time	Finals Time	Points
6 Wuertz, Katie	9	Francis Howell Central	1:09.27	1:08.94	13
32.81		1:08.94 (36.13)			
7 Frazier, Emily	12	Francis Howell	1:07.86	1:09.21	12
33.17		1:09.21 (36.04)			
8 Chung, Sophie	11	Wentzville Timberland	1:11.08	1:10.11	11
33.24		1:10.11 (36.87)			

Consolation Final

9 Leahy, Lucy	10	Francis Howell	1:15.21	1:13.64	9
33.70		1:13.64 (39.94)			
10 Moody, Jasmyne	10	Francis Howell North	1:15.75	1:14.52	7
36.43		1:14.52 (38.09)			
11 Kaler, Leah	12	Wentzville Liberty	1:18.33	1:15.18	6
36.41		1:15.18 (38.77)			
12 Avila, Regina	11	Francis Howell Central	1:17.63	1:18.19	5
37.90		1:18.19 (40.29)			
13 Altadonna, Lucia	10	Fort Zumwalt West	1:19.06	1:18.34	4
14 Rasmussen, Tallynn	12	Fort Zumwalt West	1:22.75	1:20.51	3
38.96		1:20.51 (41.55)			
15 Purcell, Clara	9	Francis Howell	1:23.05	1:22.56	2
40.76		1:22.56 (41.80)			
16 Woods, Jaina	11	Francis Howell	1:22.12	1:22.97	1
40.86		1:22.97 (42.11)			

Event 20 Girls 100 Yard Backstroke North Central

GAC Record: **55.04 ! 2023 Izzy Ackley TIMB**
1:08.29 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
1 Ziegler, Zoey	12	Washington	1:04.18	1:02.66 *	20
30.34		1:02.66 (32.32)			
2 Schoonover, Brooke	9	Washington	1:08.39	1:09.08	17
33.07		1:09.08 (36.01)			
3 Brasher, Izabela	12	Saint Charles West	1:11.44	1:09.62	16
33.17		1:09.62 (36.45)			
4 Yazon, Isabel	10	Fort Zumwalt South	1:10.15	1:10.81	15
33.99		1:10.81 (36.82)			
5 Siders, Anna	10	Fort Zumwalt East	1:21.59	1:17.28	14
36.74		1:17.28 (40.54)			
6 Jackson, Josephine	11	Saint Charles	1:19.31	1:18.62	13
36.89		1:18.62 (41.73)			
7 Wilson, Dakota	11	Wentzville Holt	1:21.60	1:20.24	12
38.09		1:20.24 (42.15)			
8 Diaz, Adriana	10	Wentzville Holt	1:24.49	1:23.66	11
39.17		1:23.66 (44.49)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024**Girls GAC Swimming & Diving Championships 2024****at the St. Peters Rec-Plex Natatorium****Results - Girls GAC Finals****Consolation Final ... (Event 20 Girls 100 Yard Backstroke North Central)**

Name	Yr	School	Prelim Time	Finals Time	Points
Consolation Final					
9 Spies, Gabrielle	11	Fort Zumwalt East	1:24.50	1:23.80	9
39.44		1:23.80 (44.36)			
10 Turley, Lydia	10	Wentzville Holt	1:24.55	1:24.24	7
11 Tillman, AJ	10	Wentzville North Point	1:26.73	1:24.55	6
41.32		1:24.55 (43.23)			
12 Herweck, Anna	10	Fort Zumwalt South	1:30.38	1:26.33	5
41.82		1:26.33 (44.51)			
13 Uptain, Marissa	10	Fort Zumwalt East	1:33.62	1:27.95	4
14 Bliggenstorfer, Kayla	11	Fort Zumwalt South	1:29.71	1:28.85	3
41.35		1:28.85 (47.50)			
15 O'Keefe, Rileigh	9	Saint Charles	1:32.51	1:32.04	2
42.82		1:32.04 (49.22)			
16 Jones, Faith	11	Wentzville North Point	1:34.97	1:37.52	1

Event 21 Girls 100 Yard Breaststroke South

GAC Record: 1:02.52 ! 2009 Haley Spencer FZW
1:18.49 * State Consideration

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Wisker, Emma	12	Wentzville Timberland	1:06.31	1:04.91 *	20
30.96		1:04.91 (33.95)			
2 Wagner, Jessica	12	Wentzville Liberty	1:14.13	1:13.14 *	17
33.71		1:13.14 (39.43)			
3 Welek, Rayna	12	Francis Howell	1:16.16	1:16.03 *	16
35.46		1:16.03 (40.57)			
4 Anderson, Vika	9	Francis Howell Central	1:17.82	1:17.25 *	15
36.34		1:17.25 (40.91)			
5 Bertrand, Leila	9	Francis Howell	1:23.26	1:20.39	14
38.46		1:20.39 (41.93)			
6 Swisher, Nora	10	Wentzville Timberland	1:23.93	1:21.74	13
38.88		1:21.74 (42.86)			
7 Bleich, Jayden	12	Fort Zumwalt West	1:26.04	1:22.54	12
37.14		1:22.54 (45.40)			
8 McCain, Lauren	12	Wentzville Liberty	1:24.66	1:28.82	11
41.81		1:28.82 (47.01)			
Consolation Final					
9 Surber, Cassidy	9	Fort Zumwalt North	1:26.26	1:24.66	9
41.79		1:24.66 (42.87)			
10 Woods, Juliet	9	Francis Howell	1:27.21	1:24.81	7
42.02		1:24.81 (42.79)			
11 Bommarito, Emma	9	Fort Zumwalt West	1:27.72	1:24.97	6
39.38		1:24.97 (45.59)			
12 Robins, Keaton	9	Fort Zumwalt North	1:28.05	1:27.79	5
41.68		1:27.79 (46.11)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024**Girls GAC Swimming & Diving Championships 2024****at the St. Peters Rec-Plex Natatorium****Results - Girls GAC Finals****Consolation Final ... (Event 21 Girls 100 Yard Breaststroke South)**

Name	Yr	School	Prelim Time	Finals Time	Points
13 Anderson, Avery	9	Francis Howell North	1:27.38	1:29.00	4
41.80		1:29.00 (47.20)			
14 Bowen, Madeline	9	Francis Howell	1:32.31	1:34.92	3
44.80		1:34.92 (50.12)			
15 Bower, Ally	12	Francis Howell Central	1:32.72	1:35.35	2
45.12		1:35.35 (50.23)			
16 Figura, Hannah	9	Francis Howell Central	1:35.04	1:35.55	1
44.76		1:35.55 (50.79)			

Event 22 Girls 100 Yard Breaststroke North CentralGAC Record: **1:02.52 ! 2009 Haley Spencer****FZW****1:18.49 * State Consideration**

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Kauffeld, Ava	12	Washington	1:09.60	1:08.98 *	20
32.74		1:08.98 (36.24)			
2 Garrison, Stella	11	Saint Charles West	1:10.65	1:09.06 *	17
32.71		1:09.06 (36.35)			
3 Nicotra, Emma	9	Wentzville Holt	1:22.17	1:18.84	16
36.29		1:18.84 (42.55)			
4 Stone, Ava	10	Washington	1:23.06	1:22.91	15
38.41		1:22.91 (44.50)			
5 Mahon, Olivia	9	Washington	1:23.59	1:23.45	14
38.59		1:23.45 (44.86)			
6 Herpel, Jayden	9	Wentzville North Point	1:25.39	1:25.28	13
38.59		1:25.28 (46.69)			
*7 Holtmeier, Anna	9	Wentzville North Point	1:28.73	1:29.87	11.50
41.14		1:29.87 (48.73)			
*7 Hanke, Karlie	12	Fort Zumwalt East	1:30.08	1:29.87	11.50
40.79		1:29.87 (49.08)			
Consolation Final					
*9 Martin, Margie	11	Fort Zumwalt South	1:33.39	1:31.79	8
43.11		1:31.79 (48.68)			
*9 Pratte, Sophia	12	Fort Zumwalt East	1:32.86	1:31.79	8
43.01		1:31.79 (48.78)			
11 Basler, Matalyn	9	Saint Charles	1:32.50	1:32.11	6
43.92		1:32.11 (48.19)			
12 Burlis, Odessa	12	Saint Charles	1:34.51	1:33.76	5
45.41		1:33.76 (48.35)			
13 Navarrette, Martha	10	Wentzville Holt	1:39.63	1:37.62	4
46.55		1:37.62 (51.07)			
14 Blanton, Ava	10	Wentzville Holt	1:38.27	1:37.73	3
45.69		1:37.73 (52.04)			
15 Karatsoupa, Isabella	9	Wentzville Holt	1:39.60	1:37.92	2
46.33		1:37.92 (51.59)			



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Consolation Final ... (Event 22 Girls 100 Yard Breaststroke North Central)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Lauer, Keeley	12	Saint Charles	1:48.56	1:45.45	1
	47.54	1:45.45 (57.91)			

Event 23 Girls 400 Yard Freestyle Relay South

GAC Record: 3:37.17 ! 2017

FH

M

4:33.99 * State Consideration

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Wentzville Timberland	A	3:52.59	3:44.96 *	40
1) deBerge, Olivia 10	2) Hildenbrand, Emma 10	3) Ackley, Izzy 12	4) Wisker, Emma 12	
27.81	57.24 (57.24)	1:24.77 (27.53)	1:55.66 (58.42)	
2:21.12 (25.46)	2:49.82 (54.16)	3:16.14 (26.32)	3:44.96 (55.14)	
2 Fort Zumwalt West	A	4:01.56	4:01.62 *	34
1) Wardrop, Molly 10	2) McDaniel, Karsyn 11	3) Dickens, Sophia 10	4) Wagner, Audrey 11	
26.43	56.03 (56.03)	1:25.10 (29.07)	1:58.57 (1:02.54)	
2:27.67 (29.10)	3:00.48 (1:01.91)	3:28.48 (28.00)	4:01.62 (1:01.14)	
3 Francis Howell	A	4:17.38	4:12.03 *	32
1) Quick, Allie 10	2) Tripp, Addie 10	3) Jansen, Kate 12	4) Welek, Rayna 12	
29.84	1:03.32 (1:03.32)	1:33.78 (30.46)	2:08.46 (1:05.14)	
2:38.26 (29.80)	3:11.32 (1:02.86)	3:39.72 (28.40)	4:12.03 (1:00.71)	
4 Francis Howell Central	A	4:26.22	4:17.29 *+	30
1) Anderson, Vika 9	2) Avila, Regina 11	3) Call Rolon, Kylee 10	4) Wuertz, Katie 9	
29.65	1:01.22 (1:01.22)	1:32.40 (31.18)	2:06.07 (1:04.85)	
2:38.17 (32.10)	3:13.71 (1:07.64)	3:43.86 (30.15)	4:17.29 (1:03.58)	
5 Wentzville Liberty	A	4:26.15	4:17.79 *	28
1) Sikes, Sophia 10	2) Daniels, Jaina 9	3) McCain, Lauren 12	4) Green, Leilani 12	
29.84	1:04.04 (1:04.04)	1:33.37 (29.33)	2:06.80 (1:02.76)	
2:39.84 (33.04)	3:19.11 (1:12.31)	3:46.74 (27.63)	4:17.79 (58.68)	
6 Francis Howell North	A	4:44.39	4:35.26	26
1) Dustin, Moira 9	2) Jensen, Riley 10	3) Anderson, Avery 9	4) Moody, Jasmyne 10	
33.09	1:08.12 (1:08.12)	1:35.91 (27.79)	2:06.61 (58.49)	
2:44.66 (38.05)	3:26.52 (1:19.91)	3:59.57 (33.05)	4:35.26 (1:08.74)	
7 Fort Zumwalt North	A	5:14.24	5:01.83	24
1) Selvy, Lily 10	2) Shylanski, Ella 11	3) Harris, Gracie 9	4) Gittemeier, Isabella 11	
34.42	1:49.70 (1:49.70)	2:33.24 (43.54)		
3:09.74 ()	3:49.30 ()	4:22.76 (33.46)	5:01.83 (1:12.53)	



2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

Event 24 Girls 400 Yard Freestyle Relay North Central

GAC Record: 3:37.17 ! 2017

FH

M. Nguyen, N.Nguyen, R. Cathcart, E. Brabham

4:33.99 * State Consideration

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Fort Zumwalt South	A	4:11.29	4:06.45 *	40
1) Reardon, Isabelle 11	2) Seelye, Grace 11	3) Yazon, Isabel 10	4) Lady, Maddie 11	
28.82	1:00.45 (1:00.45)	2:05.74 (1:05.29)		
2:36.16 (30.42)	3:11.40 (1:05.66)	3:36.26 (24.86)	4:06.45 (55.05)	
2 Washington	A	4:14.53	4:16.77 *	34
1) Griesheimer, Dayton 10	2) Mahon, Olivia 9	3) Henderson, Maddy 12	4) Mahon, Mia 12	
31.04	1:05.68 (1:05.68)	1:36.39 (30.71)	2:11.72 (1:06.04)	
2:40.61 (28.89)	3:12.96 (1:01.24)	3:43.19 (30.23)	4:16.77 (1:03.81)	
3 Saint Charles West	A	4:49.12	4:37.60	32
1) Brasher, Izabela 12	2) Grieb, Molly 11	3) Nichols, Addie 11	4) Garrison, Stella 11	
30.63	1:02.82 (1:02.82)	1:39.27 (36.45)	2:24.42 (1:21.60)	
3:00.50 (36.08)	3:38.88 (1:14.46)	4:07.15 (28.27)	4:37.60 (58.72)	
4 Wentzville Holt	A	4:51.55	4:40.56	30
1) Flower, Kaleigh 10	2) Castro, Jimena 12	3) Cavendar, Kaitlyn 11	4) Jarrett, Jennifer 11	
31.50	1:05.91 (1:05.91)	2:16.04 (1:10.13)		
2:51.53 (35.49)	3:31.04 (1:15.00)	3:49.72 (18.68)	4:40.56 (1:09.52)	
5 Saint Charles	A	4:53.70	4:48.16	28
1) Prichard, Melissa 10	2) Jackson, Veronica 11	3) Rosner, Madelyn 12	4) Jackson, Josephine 11	
33.46	2:22.71 ()	2:57.87 ()		
3:38.86 (40.99)	4:10.59 (1:12.72)	4:48.16 (37.57)		
6 Wentzville North Point	A	5:40.75	5:29.38	26
1) Holtmeier, Anna 9	2) Nemece, Madison 12	3) Jones, Faith 11	4) Lazzarini, Sarah 11	
41.36	1:26.21 (1:26.21)	2:04.45 (38.24)	2:45.76 (1:19.55)	
3:21.11 (35.35)	4:11.89 (1:26.13)	4:47.97 (36.08)	5:29.38 (1:17.49)	
7 Fort Zumwalt East	A	5:45.35	5:35.67	24
1) Paleen, Averi 12	2) Uptain, Marissa 10	3) Schimanski, Madeline 12	4) Walker, Olivia 10	
41.10	1:31.47 (1:31.47)	2:07.13 (35.66)	2:49.71 (1:18.24)	
3:33.13 (43.42)	4:24.87 (1:35.16)	4:57.69 (32.82)	5:35.67 (1:10.80)	

Scores - Women

Women - North Central - Team Rankings - Through Event 24

1. Washington	417	2. Wentzville Holt	318
2. Fort Zumwalt South	318	4. Fort Zumwalt East	286.5
5. Saint Charles	205	5. Wentzville North Point	205
7. Saint Charles West	164.5		

Scores - Women

Women - South - Team Rankings - Through Event 24

1. Wentzville Timberland	498	2. Francis Howell	360
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2024 Girls GAC Swimming & Diving Championship - 2/1/2024 to 2/7/2024

Girls GAC Swimming & Diving Championships 2024

at the St. Peters Rec-Plex Natatorium

Results - Girls GAC Finals

(Scores - Women)

3. Wentzville Liberty	307	4. Fort Zumwalt West	267
5. Fort Zumwalt North	219	6. Francis Howell Central	210
7. Francis Howell North	161		

